

## INSTRUCTIONS

**We are available to assist you with reimbursement for Music Workshop's Professional Development**

We would like to assist in the reimbursement process with your school or district. The following document has the information you should need to complete that process. Invoicing your school or district directly is also available, please email the contact information to the support address below.

**If you would like us to invoice your school or district, need more information, or want additional assistance, please reach out to [support@musicworkshop.org](mailto:support@musicworkshop.org).**

# Music for Well-Being for Music Educators



## Online, Self-Paced Professional Development

Music Workshop's Professional Development courses teach educators and administrators at all levels how to use music as a tool for healing and growth.

Students continue to struggle with well-being after the COVID-19 lockdown, social upheavals, and increased media consumption since 2020. Music has been shown to mitigate the effects of these environmental challenges and improve well-being for children holistically through personal connection and social reintegration.

Professional development is necessary to support educators who are best equipped to guide music for well-being in schools, especially during this time of educational and social uncertainty.

**Course Length: 6 hours**    **Price \$129**



**Continuing  
education  
credit hours**



**Immediately  
actionable tools  
and techniques for  
the classroom**



**Culturally responsive  
resources**

### Course Contents



<b>Unit 1:</b> Music & Well-Being	<b>Unit 2:</b> Student Well-Being	<b>Unit 3:</b> Teacher Well-Being	<b>Unit 4:</b> Pedagogical Approaches	<b>Unit 5:</b> Planning & Applying	<b>Unit 6:</b> Music Listening	<b>Unit 7:</b> Available Resources	<b>Unit 8:</b> Conclusion & Takeaways
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### Professional Development Advisory Team

Each of our advisors are research and practice trailblazers within music education. Their research and guidance have been instrumental in our mission to empower educators with practical, evidence-based ways to improve their students' well-being through music.

#### Team Lead

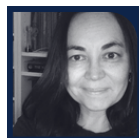


**Dr. Giuliana Conti**  
Director of Education & Equity  
Music Workshop

#### Course Host



**Coty Raven Morris**  
Assistant Professor of Choir,  
Music Education & Social Justice  
Portland State University



**Dr. Beatriz Ilari**  
Chair of Music Teaching & Learning  
University of Southern California



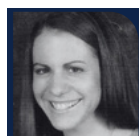
**Dr. Carlos Abril**  
Associate Dean of Research  
University of Miami



**Dr. Cat Bennett**  
Assistant Professor of Music Education  
Oakland University



**Dr. Sarah Bartolome**  
Associate Professor of Music Education  
Northwestern University



**Dr. Jennifer Mellizo**  
University of Wyoming Laboratory School  
Curriculum Developer at Smithsonian Folkways